How to Network Multiple Computers

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Introduction

Networking capabilities with Gym Assistant allow you to share data from the host computer to multiple workstation computers.

Why network?

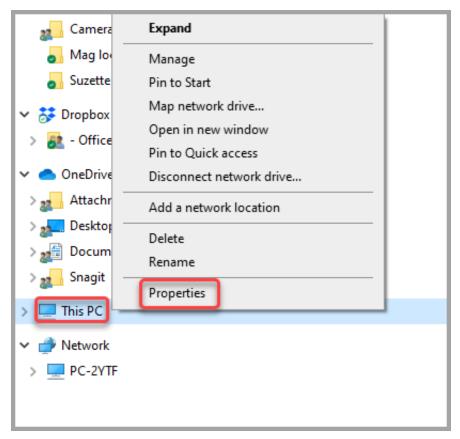
It provides you the convenience of having multiple workstations for conducting daily business.

You will begin the process by getting the host computer name and setting up the host computer:

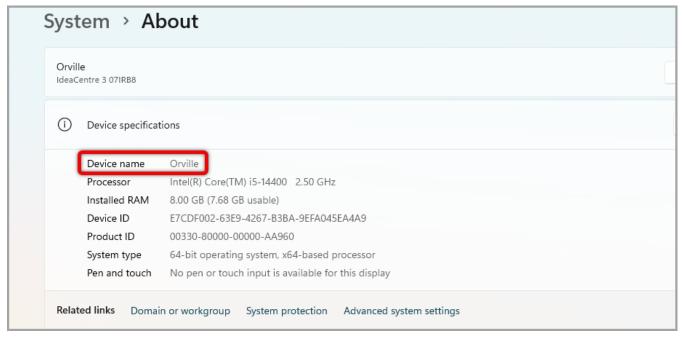
• Double click on the file explorer icon.



• Right click on **This PC** > left click on **Properties**.

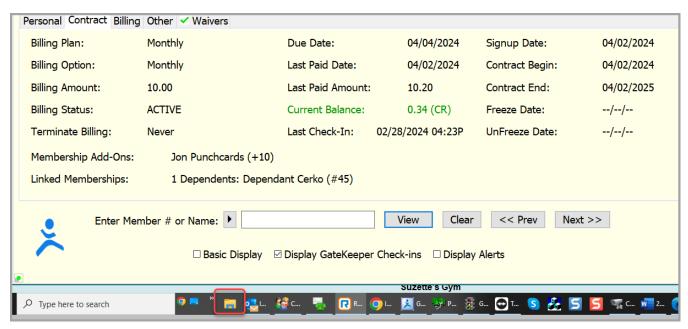


• Copy the PC Device name and paste onto WB adding 2 backwards slashes in front of the PC name > close the window.

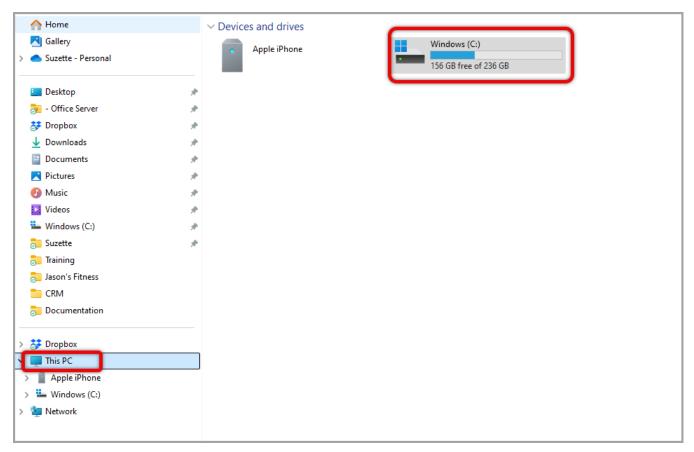


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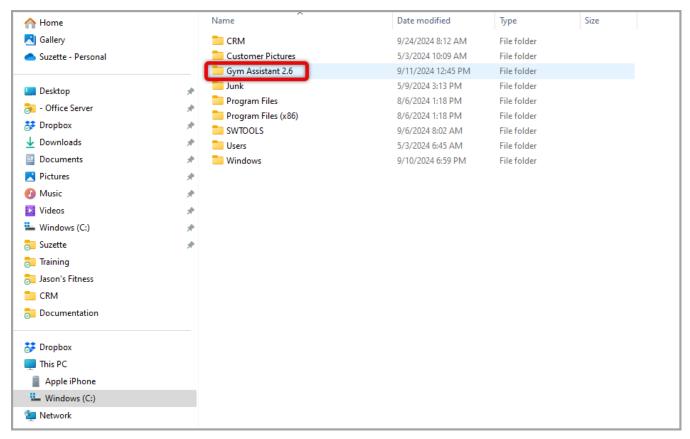
• You will then be giving the ability to share the Gym Assistant folder by again double clicking on file explorer icon.



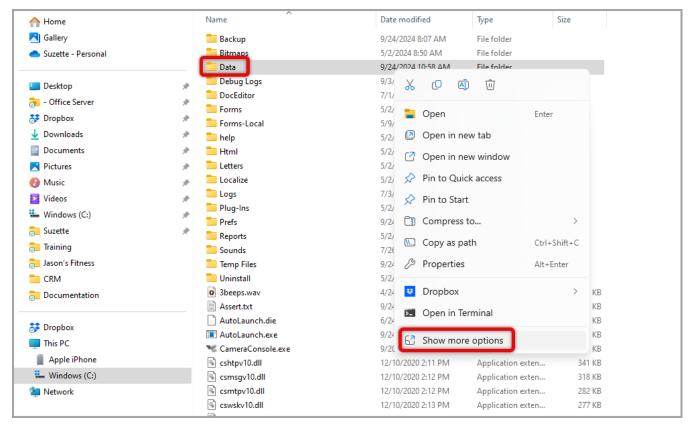
• Click on **This PC** > double click on **Windows** (**C**:).



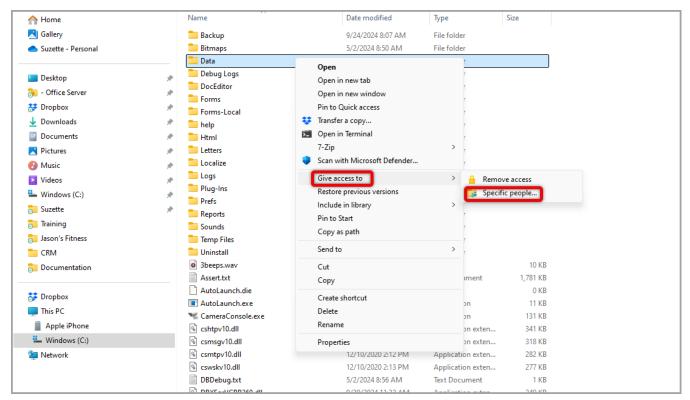
• Double click on the Gym Assistant 2.6 folder.



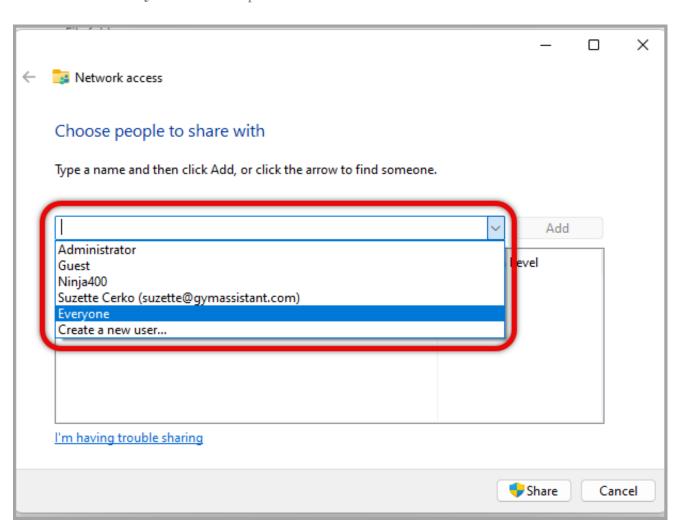
• Right click on the **Data folder** > click **Show more options**.



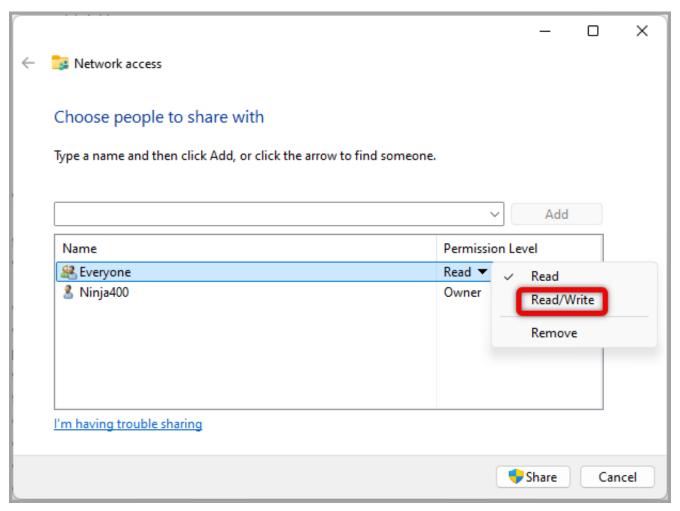
• Click **Give access to > Specific people**.



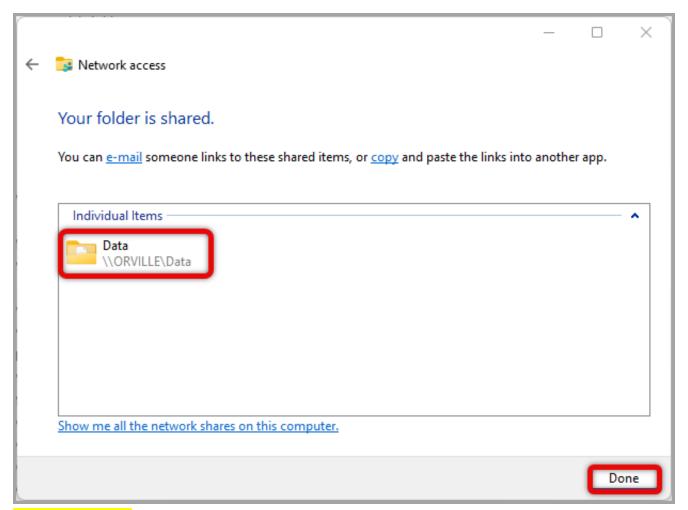
• Select **Everyone** in the drop down.



• Select **Read/Write**.

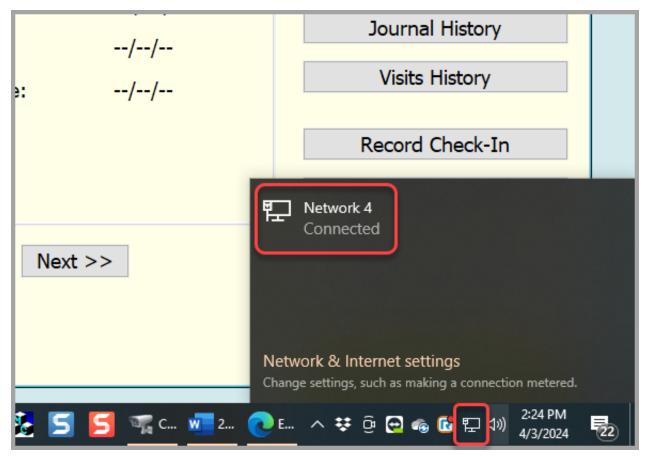


• Click **Done** making a note of the Gym Assistant path where the data will be found on the network. The path will include the name of the PC saved on your WB earlier, followed by another backward slash and the location of the data.

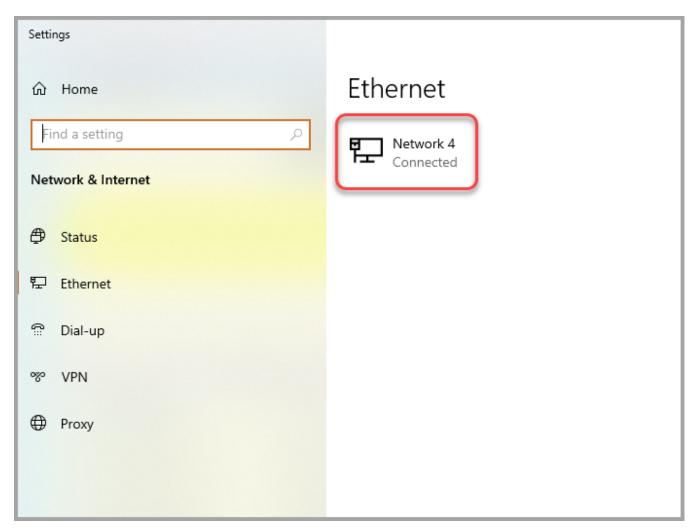


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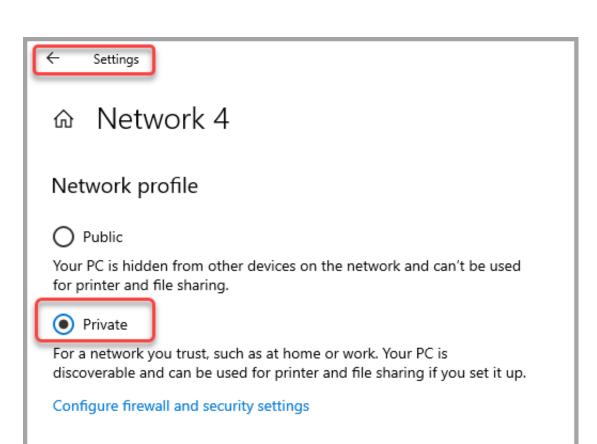
• You will then be changing network settings to allow sharing by clicking the internet settings icon on the lower right of the task bar > then clicking on the networking icon (properties if available).



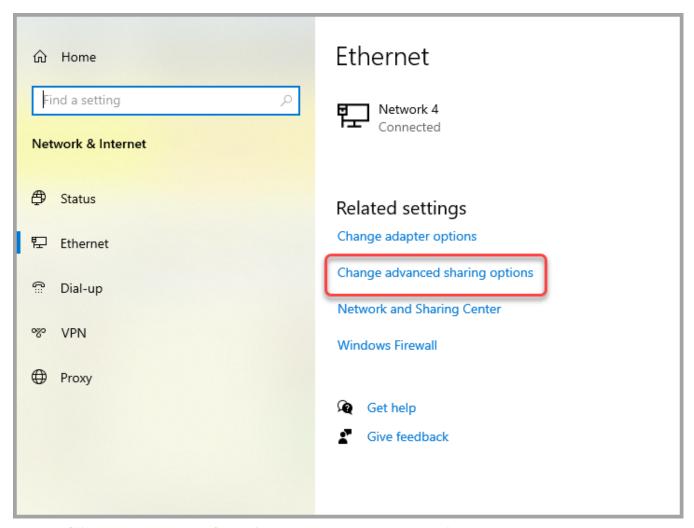
• Click on the Network the computer is on.



• Check to make **Private** for network profile > click the **Settings** back arrow at top left.



• Click on Change advanced sharing options.



• Click on down arrow for **Private** > **Turn on network discovery** > check the box **Turn on automatic setup of network connected devices** > **Turn on file and printer sharing**.

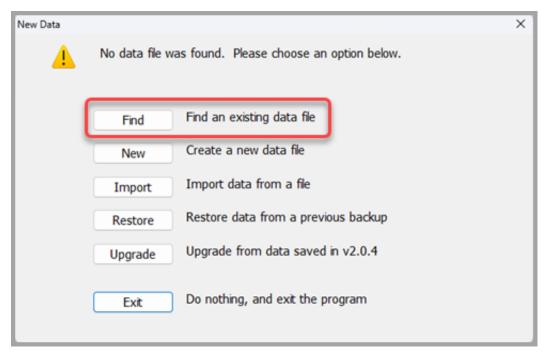
| | Change sharing options for different network profiles | | | | |
|---|--|--|--|--|--|
| | Windows creates a separate network profile for each network you use. You can choose specific options for each profile. | | | | |
| ſ | Private (current profile) | | | | |
| ١ | Network discovery | | | | |
| | When network discovery is on, this computer can see other network computers and devices and is visible to other network computers. | | | | |
| | Turn on network discovery ✓ Turn on automatic setup of network connected devices. Turn off network discovery | | | | |
| | File and printer sharing | | | | |
| | When file and printer sharing is on, files and printers that you have shared from this computer can be accessed by people on the network. Turn on file and printer sharing Turn off file and printer sharing | | | | |
| | | | | | |
| | Guest or Public | | | | |

• Click the down arrow for **All Networks > Turn off Public folder sharing > Turn off password protected sharing**.

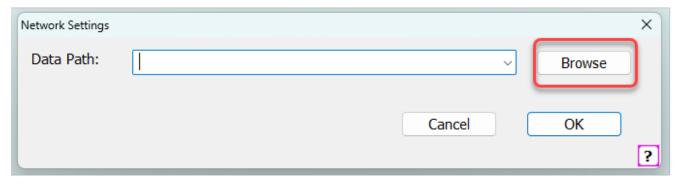
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| Guest or Public | |
| All Networks | |
| Public folder sharing | |
| When Public folder sharing is on, people on access files in the Public folders. | the network, including homegroup members, can |
| Turn on sharing so anyone with netw | work access can read and write files in the Public folders |
| Turn off Public folder sharing (peopl folders) | le logged on to this computer can still access these |
| Media streaming | |
| videos on this computer. This computer can | evices on the network can access pictures, music, and n also find media on the network. |
| Choose media streaming options | |
| File sharing connections | |
| Windows uses 128-bit encryption to help pr support 128-bit encryption and must use 40 | otect file sharing connections. Some devices don't)- or 56-bit encryption. |
| Use 128-bit encryption to help prote | ect file sharing connections (recommended) |
| Enable file sharing for devices that u | ise 40- or 56-bit encryption |
| Password protected sharing | |
| | ly people who have a user account and password on this ttached to this computer, and the Public folders. To give word protected sharing. |
| Turn on password protected sharing Turn off password protected sharing | |

You will now be setting up networking on computer(s) being networked to this host computer.

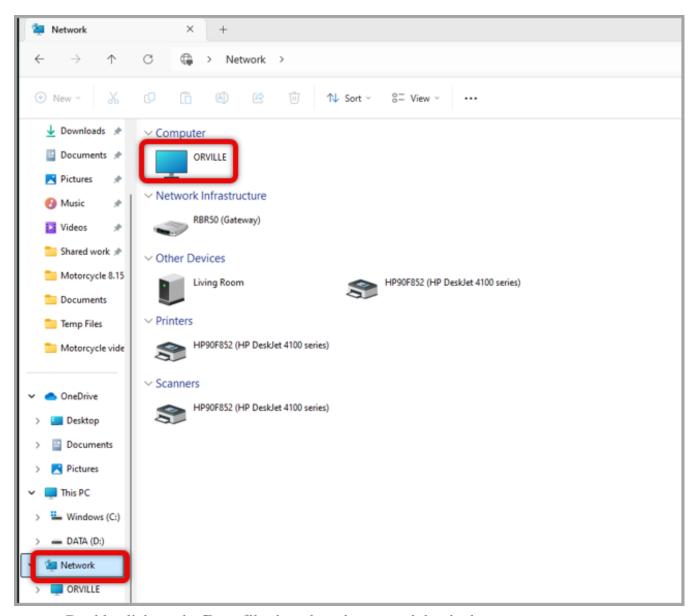
• Begin by looking for Gym Assistant on the 2nd computer. If not located, install Gym Assistant and click **Find an existing data file** while installing Gym Assistant.



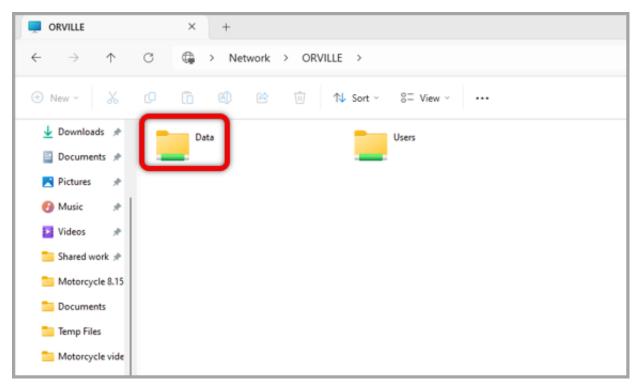
- Then click **Browse** to locate the data path on the network.
- If the window pops up asking to provide credentials, have them type them in. If they do not have them, try to use the word "guest" for username and click **OK**.
- If that is not successful, someone in the club with admin credentials will need to log in to proceed.



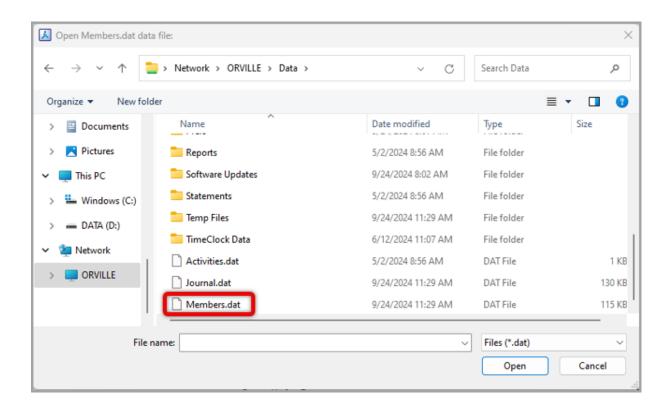
• Click on **Network** to the left > double click the computer name which will match the computer name located on the main computer.



• Double click on the **Data** file shared on the network by the host computer.



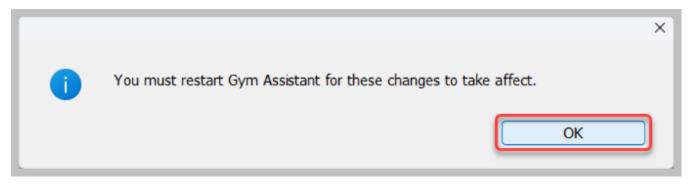
• Go double click on Members.dat.



• Click OK to set Data Path.

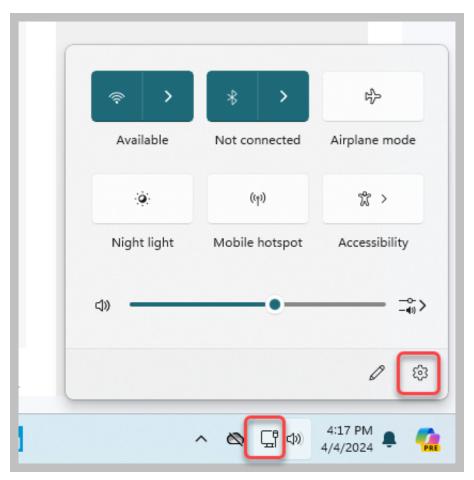


• Click **OK** to restart Gym Assistant.

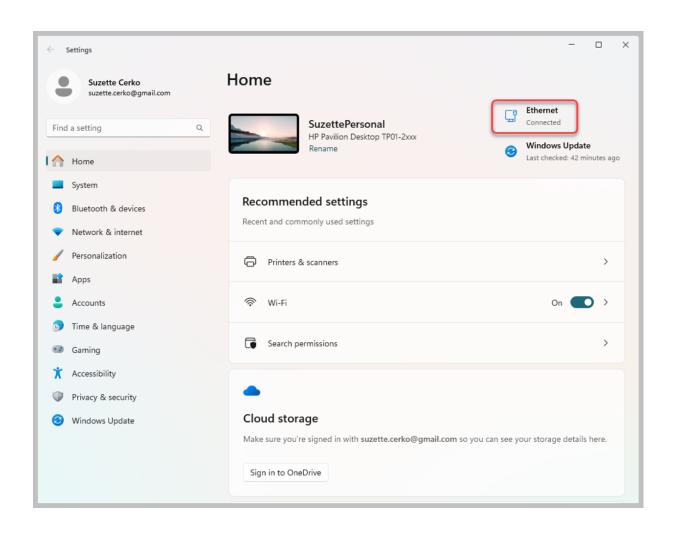


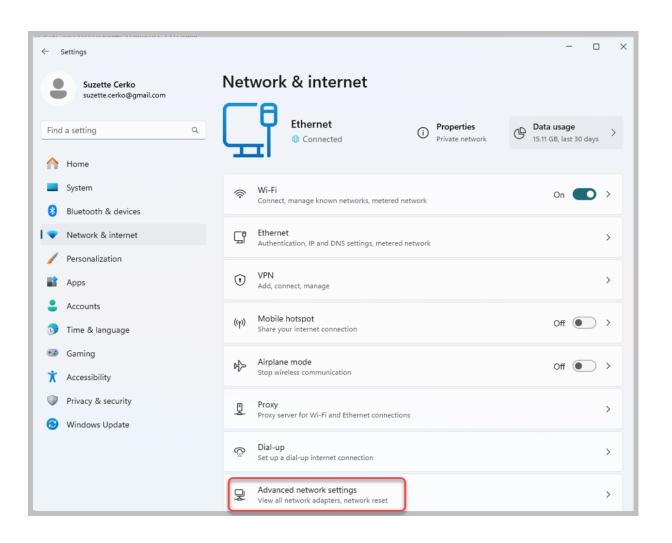
In the event you are unable to locate the other computer on the network, it may be necessary to change the advanced sharing settings for networking on this computer.

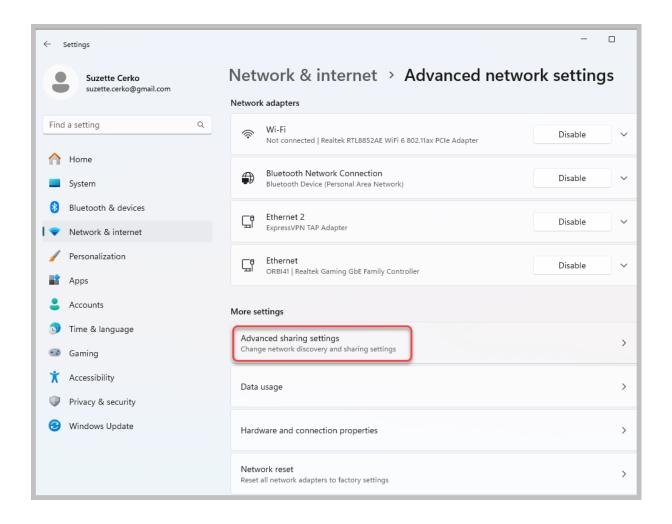
• Click the internet connection icon at the lower right > click where it indicates the network, or settings if available (represented by a toggle).



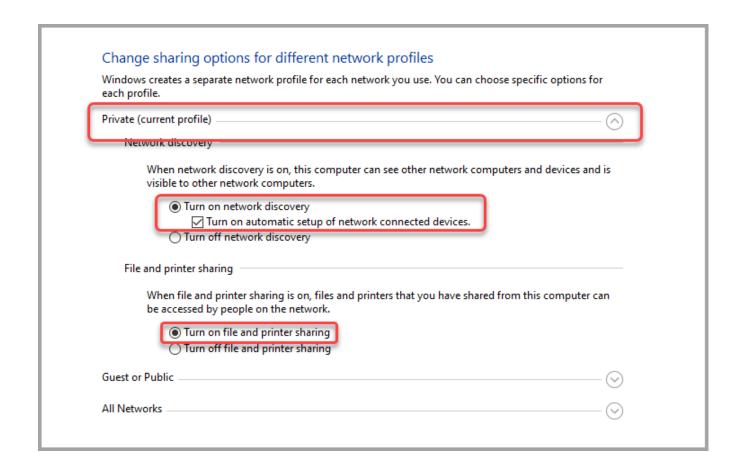
• Click on change Advanced sharing settings, or on Windows 11, first click on the internet connection > Advanced network settings > Advanced sharing settings.







- All the way to the right of **Private** click the down arrow > Turn **On Network discover.**
- Check the box to Turn on automatically network connected devices.
- Turn File and printer sharing on.



• Click the arrow down to the far right of **All networks** and **Turn off Public Folder** sharing > Turn off password protected sharing.

| | Change sharing options for different network profiles Windows creates a separate network profile for each network you use. You can choose specific options for each profile. | |
|---|--|----|
| | Private (current profile) | |
| | Guest or Public | |
| | All Networks |) |
| • | Public folder sharing | [2 |
| | When Public folder sharing is on, people on the network, including homegroup members, can access files in the Public folders. | ν, |
| | Turn on sharing so anyone with network access can read and write files in the Public folders | |
| | Turn off Public folder sharing (people logged on to this computer can still access these folders) | |
| | Media streaming | |
| | When media streaming is on, people and devices on the network can access pictures, music, and videos on this computer. This computer can also find media on the network. | |
| | Choose media streaming options | |
| | File sharing connections | |
| | Windows uses 128-bit encryption to help protect file sharing connections. Some devices don't support 128-bit encryption and must use 40- or 56-bit encryption. | |
| | Use 128-bit encryption to help protect file sharing connections (recommended) | |
| | Enable file sharing for devices that use 40- or 56-bit encryption | |
| | Password protected sharing | |
| | When password protected sharing is on, only people who have a user account and password on this computer can access shared files, printers attached to this computer, and the Public folders. To give other people access, you must turn off password protected sharing. | |
| | Turn on password protected sharing Turn off password protected sharing | |

Once these settings have been updated, repeat the steps to locate the data to establish the connection as the settings have been changed to now allow.