

Setup password protected networking in Windows 11

With the latest Windows 11 update Microsoft has tightened security on network file sharing. Unfortunately we will need to change how networking is setup, which will involve the following additions to our current networking process.

On the Host Computer

Create a local user account with username and password

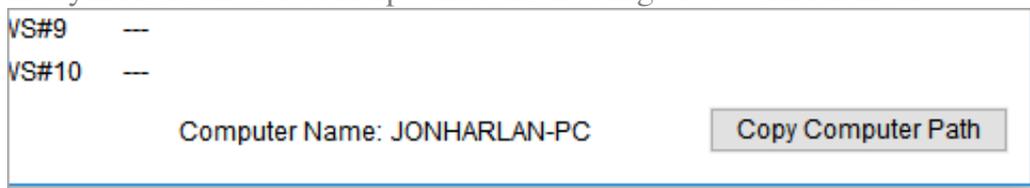
- Go to **Settings / Accounts / Other Users**
- Click **Add account**
- Click **"I don't have this person's sign-in information"**
- Click **"Add a user without a Microsoft account"**
- For **User name**, enter **"Gym Assistant Host"**
- For **Password**, enter **"host"**
For all security questions, enter **"host"** as the answer
- Click **Next** to finish

Turn OFF Password Protected Sharing

- Go to **Settings / Network & internet / Advanced network settings / Advanced sharing settings**
- Open **All Networks**
- **Turn OFF Password protected sharing**

Get Host computer name

- In Gym Assistant select **Help / Troubleshooting / Network Monitor**.

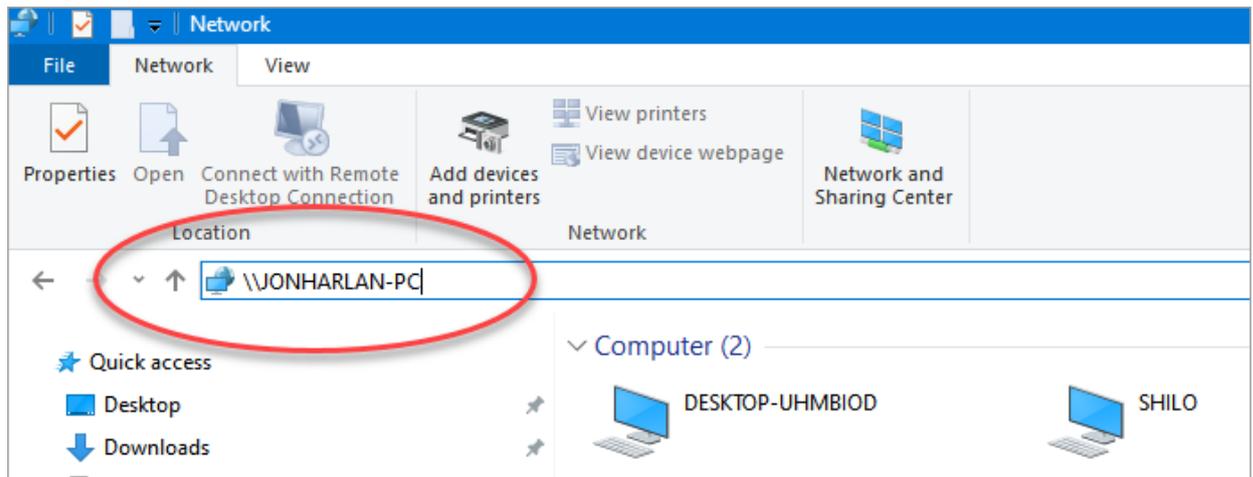


- Click **Copy Computer Path**.

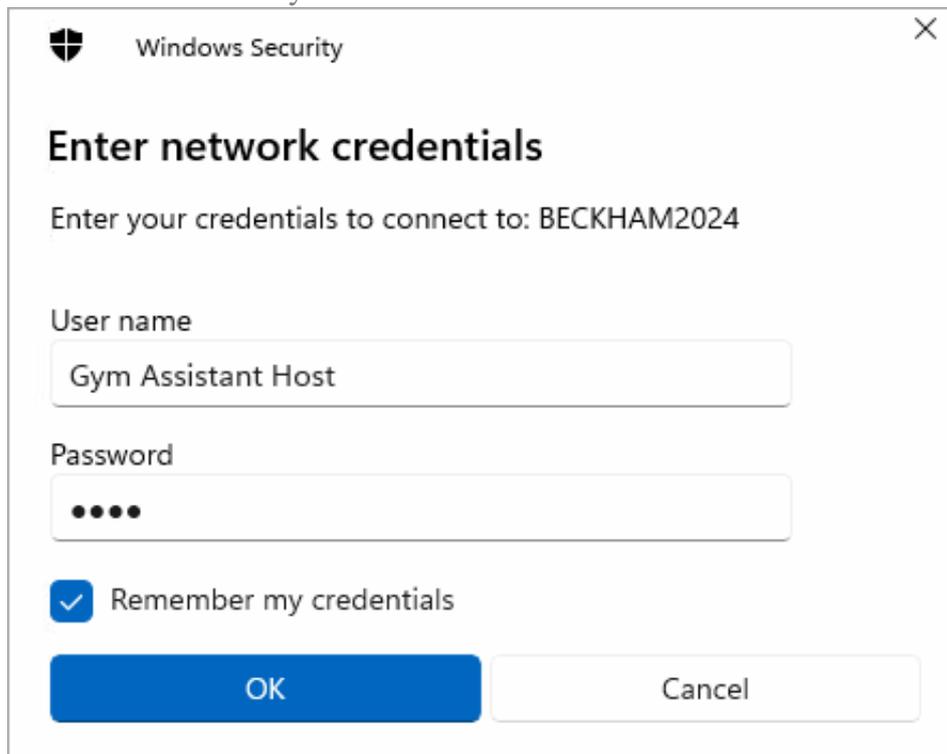
On each Client Computer

Connect to the Host Computer

- Open **File Explorer**.
- Open **Network**. *NOTE: In the past the host computer would usually appear automatically in Network.*
- In the path field, paste the copied path from the Host computer.



- After a few seconds you will see the Enter Network Credentials window:



- Enter the **User Name** "Gym Assistant Host" and **Password** "host".
- Check **Remember my credentials**. (Don't forget this step!)
- Click **OK**.
- In Gym Assistant, now set the data path by copying the path into the **Find Data Now** window.

Online URL: <https://gymassistant.phpkb.cloud/article/setup-password-protected-networking-in-windows-11.html>